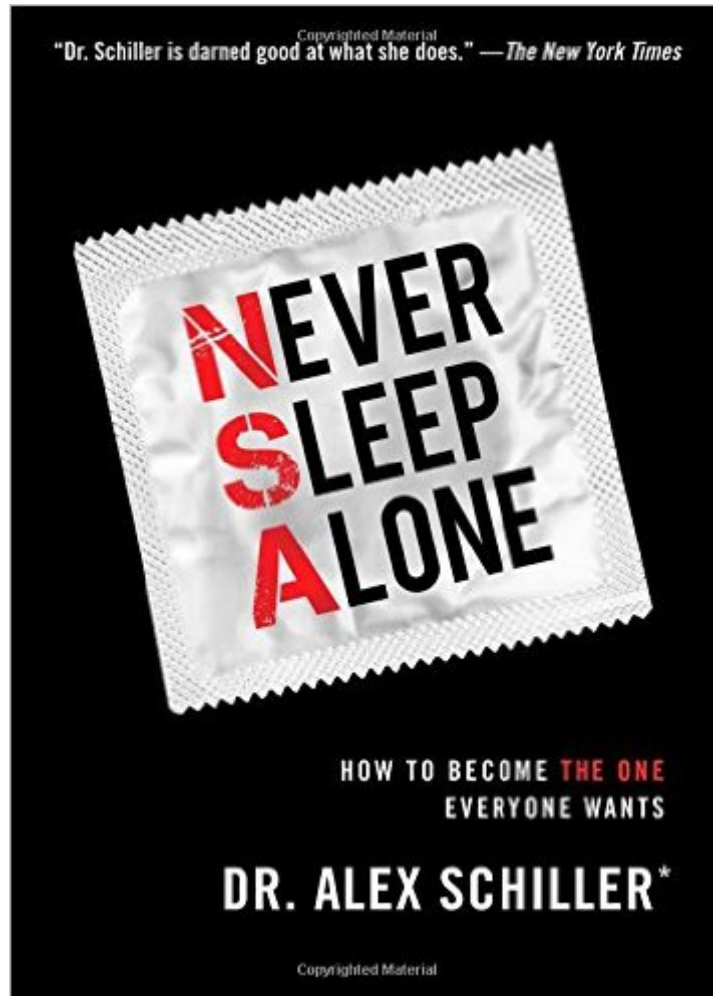


The book was found

Never Sleep Alone



Synopsis

In order to find The One, you must become The One. • Dr. Alex Schiller doles out hilarious yet profoundly wise dating advice in her new sex and dating manual, which will transform you into an Exceptional Individual capable of seducing everyone you meet. • My name is Dr. Alex Schiller and I Never Sleep Alone. Unless I want to. Man or woman, rich or poor, teenage or elderly • NSA will transform YOU into The One that everyone wants • For the past three years in New York City, Dr. Alex (not a real doctor) has been performing her hit comedy and dating show • Never Sleep Alone • to sold out audiences, helping thousands of people from all over the world transform themselves and fulfill their sociosexual desires. Now, with her signature blend of outrageous humor and profound wisdom, the celebrated guru has created an interactive sex and dating guide that takes you on a fantastic journey of exciting new adventures, self-discovery, and transformation. With her nine NSA Principles, her compulsively quotable NSA Truths, and her interactive NSA Challenges, Dr. Alex inspires us all to laugh at ourselves, to make real human connections, and, most importantly, to Never Sleep Alone. Unless we want to.

Book Information

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Average Customer Review: 4.7 out of 5 stars • See all reviews • (30 customer reviews)

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Customer Reviews

Never forget that you are beautiful • I went a bit out of my comfort zone when I picked up Never Sleep Alone by Dr. Alex Schiller. Not because the content was uncomfortable, but because I am not really sure how in the hell to review a self-help book! I mean it is obvious why you might want to read this book, you might be single, you might be lonely, you might really want to get laid night after

night. So if you fall in that category this book will be a great road map for a life that is going to start to be very adventurous in and out of the bedroom. But also, I found reading this book, it is a great tool for someone who has been married over 20 years like myself. Even though I don't currently sleep alone, my nights have just now gotten to be a bit hotter! Never forget that your partner is beautiful. Never sleep alone is built around 9 principles to moving you in the direction to being The One. Not finding The One, but becoming The One. I loved how this book will drive us to become not only a sexier, more self-assured person, but how it really starts putting the onus on ourselves. Because she is right, until we feel we are The One, no one is ever going to see us as The One. As you follow the 9 principles, you are challenged by the good Dr. to do things that will put you out there. Even though the book is really helping you score in your sexuality, just some of the tasks she gives you will help in many aspects of your life. And never forget that sex is beautiful. Several times as I was reading the book I reflected on my marriage and conferred with my husband. It was interesting talking about some of these points as a couple and how really vital they were to making a relationship not only sexier but stronger and healthier.

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